



**AMANA
COLONIES**
The Handcrafted Escape



Safe Gravel Biking

The Amana Colonies have created this map to allow riders to effectively enjoy the gravel bike routes. All riders must recognize the potential hazards not limited to; ruts, holes, motor vehicles, wildlife, and loose rock. Riders bear full responsibility for their own safety. The Amana Colonies are not liable for any injuries or damages while on designated gravel bike routes.

Ride at your own risk.

**Amana Colonies Convention &
Visitors Bureau**

622 46th Avenue
Amana, IA 52203

(319) 622-7622

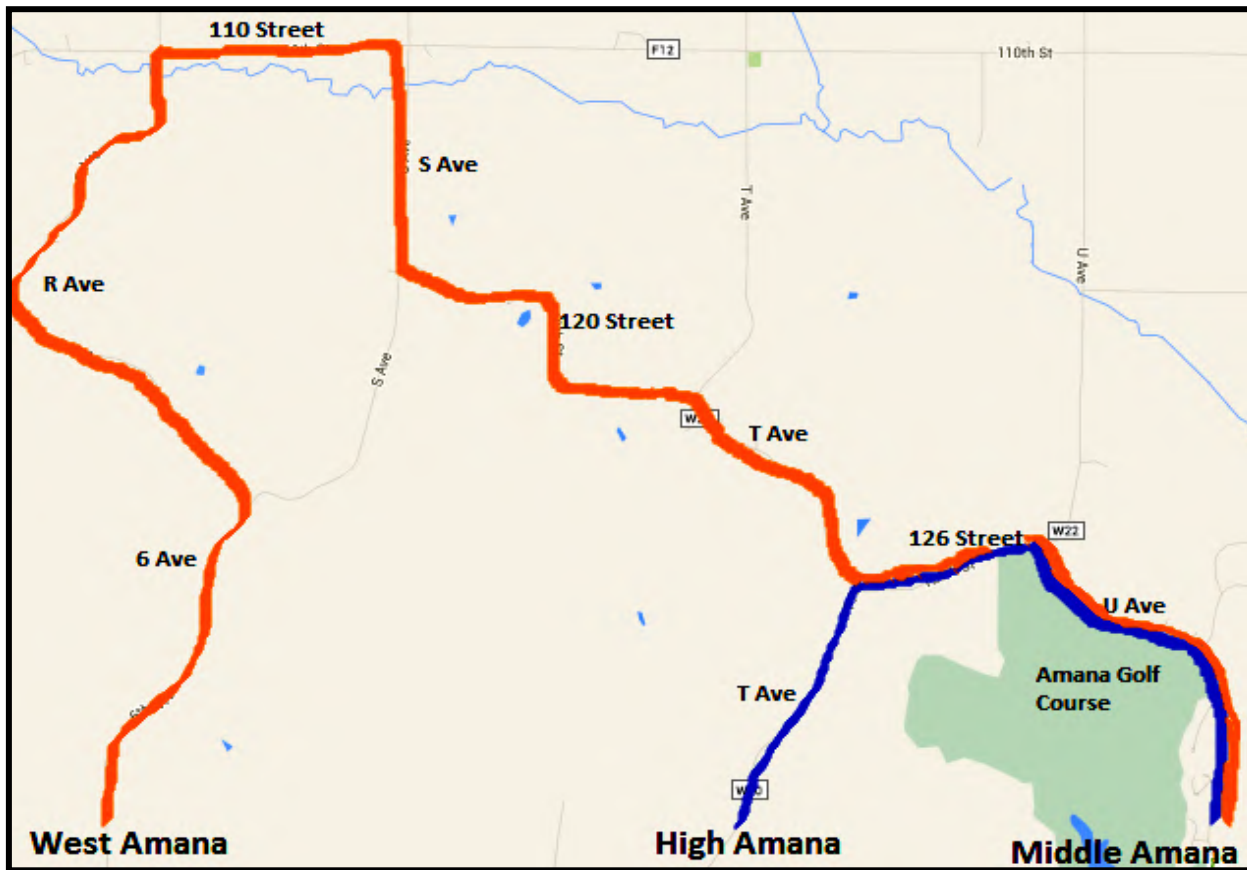
www.amanacolonies.com

Gravel Bike Route in the Amana Colonies



Visitor's Guide of the Amana Colonies Gravel Bike Routes

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Route A starts at the Amana Golf Course and finishes in High Amana. Route A is approximately a 7 mile round trip. It is a moderately easy route as riders will experience slight variations in surface and slope. Please be respectful of timber and wildlife while riding on 126 Street and T Ave.

Middle Amana

Points of Interest

- ◆ Amana Golf Course (*beverages available*)
- ◆ Communal Kitchen and Cooper Shop
- ◆ Hahn's Bakery
- ◆ Dusk to Dawn B&B and Rose's Place B&B

Facts

- ◆ First Amana High School was located up the hill in the historic area of town not far from the Amana Refrigeration now Whirlpool Corporation

High Amana

Points of Interest

- ◆ General Store (*beverages available*)
- ◆ Amana Arts Guild

Facts

- ◆ First Amana freezer was built in High Amana across from the General Store by George Foerstner
- ◆ The town was original named Amana vor der Höhe, which means "Amana before the height", but since then it has been shorten to simply High Amana

Route B separates from route A and finishes in West Amana. Route B is approximately a 17 mile round trip. This route is more challenging as riders will experience two large hills on S Ave and R Ave. Please be respectful of wildlife and timber while riding on T Ave and R Ave.

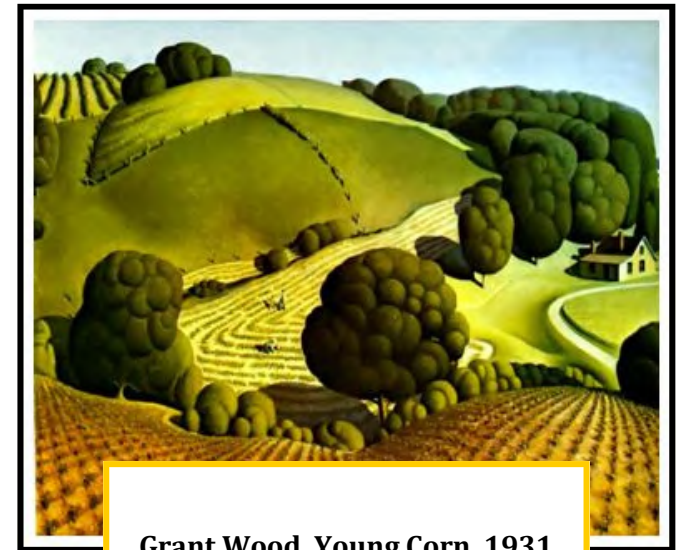
West Amana

Points of Interest

- ◆ Iowa's Largest Rocking Chair
- ◆ Basket and Broom Shop
- ◆ Opa's Tractor Museum

Facts

- ◆ Standing today are two of the oldest barns in the Colonies which were built in 1850s
- ◆ Grant Wood used the landscape north of West and High Amana as inspiration for his painting "Young Corn"



Grant Wood, Young Corn, 1931